



USA MARTIAL ARTS

NAUGATUCK
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NAUGATUCK DOJANG PROGRAM SCHEDULE

MONDAY

5:00 PM	5:55 PM	Juniors (Ages 7-12) ~ Apprentice Red to Black	
6:00 PM	6:30 PM	Juniors Jujitsu (Ages 7-12)	Black Belt Club Only
6:30 PM	7:30 PM	Teens & Adults (Ages 13+) ~ All Belts	
7:30 PM	8:15 PM	Basic Jujitsu (Ages 13+)	Black Belt Club Only

TUESDAY

6:00 PM	7:00 PM	Juniors (Ages 7-12) ~ White to Green	
7:15 PM	8:15 PM	BODFIT Boot Camp	Fitness Class - Separate Program

WEDNESDAY

5:30 PM	6:00 PM	Little Ninjas (Ages 3-4)	
6:00 PM	6:45 PM	Kid Kicks (Ages 5-6)	
7:00 PM	8:00 PM	Jujitsu (Ages 10+)	Black Belt Club Only

THURSDAY

5:30 AM	6:30 AM	BODFIT Boot Camp	Fitness Class - Separate Program
5:00 PM	6:00 PM	Juniors & Teens (Ages 7-17) ~ All Belts	
6:00 PM	6:30 PM	Weapons: Intermediate Bo Staff	Black Belt Club Only
6:30 PM	7:30 PM	Teens & Adults (Ages 13+) ~ All Belts	
7:30 PM	8:30 PM	Adults (Ages 17+) ~ All Belts	

FRIDAY

5:00 PM	6:00 PM	Open Class (Under 13 years old, Parent must stay.)	
6:00 PM	7:00 PM	Open Class (Under 13 years old, Parent must stay.)	
7:15 PM	8:15 PM	BODFIT Boot Camp	Fitness Class - Separate Program

SATURDAY

8:30 AM	9:00 AM	Little Ninjas (Ages 3-4)	
9:00 AM	9:45 AM	Kid Kicks (Ages 5-6)	
10:00 AM	11:00 AM	Juniors (Ages 7-12) ~ White to Green	
11:00 AM	11:30 AM	Weapons: Advanced Bo Staff	Black Belt Club Only
11:30 AM	12:30 PM	Juniors (Ages 7-12) ~ Apprentice Red to Black + Adults (Ages 13+) ~ All Belts	
12:45 PM	1:45 PM	Kids Special Needs ~ All Belts	
2:00 PM	3:00 PM	Special Needs ~ All Belts	

- Standard USA Martial Arts Membership includes two (2) karate classes per week
- Black Belt Club: Additional \$19.95 per month (requires one-time registration fee of \$25)
 - includes three (3) karate classes, one (1) weapons class, and one (1) Jujitsu class per week
 - Monogrammed Black Belt & Black Belt Club patch
 - 5% Asian World catalog discount

Monthly Tuition Schedule

Ages 7+	\$99.00
Ages 5-6	\$89.00
Ages 3-4	\$60.00
Special Needs	\$60.00

FAMILY SPECIAL

2nd family add-on:
\$20 DISCOUNT
Each additional family add-on:
\$30 DISCOUNT