

WOODBURY  
Middle Quarter Mall  
744 Main Street South  
(203) 266-9172



USA MARTIAL ARTS

NAUGATUCK  
Crosspointe Plaza  
799 New Haven Road  
(203) 720-2147

## NAUGATUCK DOJANG PROGRAM SCHEDULE

### MONDAY

5:00 PM	5:55 PM	Juniors (Ages 7-12) ~ Apprentice Red to Black	
<b>6:00 PM</b>	<b>6:30 PM</b>	<b>Juniors Jujitsu (Ages 7-12)</b>	<b>Black Belt Club Only</b>
6:35 PM	7:30 PM	Teens & Adults (Ages 13+) ~ All Belts	
<b>7:30 PM</b>	<b>8:15 PM</b>	<b>Basic Jujitsu (Ages 13+)</b>	<b>Black Belt Club Only</b>

### TUESDAY

6:00 PM	7:00 PM	Juniors (Ages 7-12) ~ White to Green	
<b>7:15 PM</b>	<b>8:15 PM</b>	<b>BODFIT Boot Camp</b>	<b>Fitness Class - Separate Program</b>

### WEDNESDAY

5:30 PM	6:00 PM	Little Ninjas (Ages 3-4)	
6:00 PM	6:45 PM	Kid Kicks (Ages 5-6)	
<b>7:00 PM</b>	<b>8:00 PM</b>	<b>Jujitsu (Ages 10+)</b>	<b>Black Belt Club Only</b>

### THURSDAY

5:00 PM	6:00 PM	Juniors & Teens (Ages 7-17) ~ All Belts	
<b>6:00 PM</b>	<b>6:30 PM</b>	<b>Weapons: Advanced Bo Staff</b>	<b>Black Belt Club Only</b>
6:30 PM	7:30 PM	Teens & Adults (ages 13+) ~ All Belts	

### FRIDAY

6:00 PM	7:00 PM	Unified Martial Arts (Invitation by Instructor Only)	
<b>7:15 PM</b>	<b>8:15 PM</b>	<b>BODFIT Boot Camp</b>	<b>Fitness Class - Separate Program</b>

### SATURDAY

8:30 AM	9:00 AM	Little Ninjas (Ages 3-4)	
9:00 AM	9:45 AM	Kid Kicks (Ages 5-6)	
10:00 AM	11:00 AM	Juniors (Ages 7-12) ~ White to Green	
11:30 AM	12:30 PM	Juniors (Ages 7-12) ~ Apprentice Red to Black + Adults (Ages 13+) ~ All Belts	
2:00 PM	3:00 PM	Special Needs ~ All Belts	

### SUNDAY

7:00 AM	9:00 AM	Adult "Executive Time" Open Forms (Ages 17+)	
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- Standard USA Martial Arts Membership includes two (2) karate classes per week
- Black Belt Club: Additional \$19.95 per month (requires one-time registration fee of \$25)
  - includes three (3) karate classes, one (1) weapons class, and one (1) Jujitsu class per week
  - Monogrammed Black Belt & Black Belt Club patch
  - 5% Asian World catalog discount

### Monthly Tuition Schedule

Ages 7+	\$99.00
Ages 5-6	\$89.00
Ages 3-4	\$60.00
Special Needs	\$60.00

### FAMILY SPECIAL

2nd family add-on:  
\$20 DISCOUNT  
Each additional family add-on:  
\$30 DISCOUNT